LETTER



Biophysical reviews top five: atomic force microscopy in biophysics

Toshio Ando¹

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Abstract

Since its invention in the late 1980s, atomic force microscopy (AFM), in which a nanometer-sized tip is used to physically interrogate the properties of a surface at high resolution, has brought about scientific revolutions in both surface science and biological physics. In response to a request from the journal, I have prepared a top-five list of scientific papers that I feel represent truly landmark developments in the use of AFM in the biophysics field. This selection is necessarily limited by number (just five) and subjective (my opinion) and I offer my apologies to those not appearing in this list.

The technique of atomic force microscopy (AFM) constitutes a multifunctional toolbox in modern biophysics (see reviews: Müller and Dufrêne 2008; Ando et al. 2014; Dufrêne et al. 2017; Valotteau et al. 2019). Using AFM, we can perform various measurements under physiological conditions that are infeasible with other techniques: e.g., dynamic highresolution imaging of biomolecules during their functional activity, recognition and localization of specific molecules, force measurements to estimate the strength of intra- and intermolecular bonds at the single-molecule level, and the sitespecific recording of the elasticity of biological surfaces. This current metrological prosperity can, of course, be traced back to its point of origin (Binnig et al. 1986) but it also owes a great deal to many technical developments and creative studies carried out since then.

In terms of technical advances, although all AFM experiments utilize similar instrumental components, for biological/ biophysical applications AFM devices must be operated in a particular manner best suited to the peculiarities of the sample (e.g., typically soft, hydrated/in solution, and highly dynamic). In this regard, AFM instruments that are geared to biophysical measurements are typically operated in the AC mode where the cantilever is oscillated at its resonant frequency in solution. Each of these technical components, necessary to achieve this specialization, has its own origins: e.g., Binnig et al. 1987 for cantilevers, Meyer and Amer 1988 for the optical beam deflection technique able to measure cantilever deflection, Zhong et al. 1993 for the AC mode, and Marti et al. 1987 for in-liquid imaging. Such technical and instrumental advances made possible a number of groundbreaking biophysical studies (Drake et al. 1989; Weisenhorn et al. 1993; Butt et al. 1993; Florin et al. 1994; Hinterdorfer et al. 1996) in which core principles and techniques were established and which have gone on to form the basis of much of modern AFM-based biophysical research. It is from these pioneering studies that I have made my top five selection (Table 1). Although the actual results produced from these pioneering studies may not be necessarily particularly refined, they have all opened new avenues for studying different aspects of biological samples with AFM. In the next section, I offer a short description of these studies along with a brief justification of their selection in this list.

Top five list justification

Very soon after the advent of AFM, Paul Hansma and his colleagues observed, at ~1-min intervals, the clotting process by fibrin molecules following the digestion of fibrinogen with thrombin (Drake et al. 1989). This study inspired exploration into the potential of AFM for the observation of dynamic biological processes with a few such examples being antibody-antigen binding (Ohnesorge et al. 1992), live cells infected by viruses (Häberle et al. 1992), DNA bending upon binding to λ Cro protein (Erie et al. 1994), DNA digestion with DNase (Bezanilla et al. 1994), DNA–RNA polymerase binding process (Guthold et al. 1994), RNA replication reaction (Kasas et al. 1997), and the diffusion of RNA polymerase

Toshio Ando tando@staff.kanazawa-u.ac.jp

¹ Nano Life Science Institute (WPI-NanoLSI), Kanazawa University, Kakuma-machi, Kanazawa 920-1192, Japan

Table 1 Five selected studies

Drake et al. 1989	The first attempt to visualize dynamic biomolecular processes
Weisenhorn et al. 1993	The first quantification of elasticity of living cells
Butt et al. 1993	The first consideration of scan speed limit in AFM
Florin et al. 1994	The first attempt to measure adhesion forces between individual ligand-receptor pairs
Hinterdorfer et al. 1996	The first attempt of recognition imaging

along a DNA strand (Guthold et al. 1999). One of the inventors of AFM, Gerd Binnig, said, "In biology, use of the force microscope will probably become quite common because of its ability to deliver films of processes" (Binnig 1992). However, at the time it took at least 30 s to capture an AFM image. In this regard, I point out that high-speed AFM capable of filming at ~10 frames per second was established 16 years later (Ando et al. 2008).

AFM-based mechanobiological measurements are now widely performed, in particular for living normal and cancerous cells (see reviews: Krieg et al. 2019; Runel et al. 2021). The elasticity (Young's modulus) of living cells was first quantified to be 0.013–0.15 MPa from the force-versus-indentation curve measurements on a lung carcinoma cell (Weisenhorn et al. 1993). In that study, the measured value of Young's modulus for the cancer cell was significantly smaller than that recorded for normal cells, a finding which is now well accepted. Moreover, metastatic tumor cells are more than 70% "softer" compared with benign tumor cells (Xu et al. 2012). Thus, this initial study by Weisenhorn et al. (1993) established the basis of using AFM as a diagnostic tool.

The study by Butt et al. (1993) was the first to provide a theoretical consideration for a scan speed limit in AFM imposed by the cantilever's dynamic response. This study did not intend to propose or develop faster AFM but just quantified the scan speed limit in the constant height DC mode AFM based on available (at that time) cantilever properties. Nonetheless, beyond the authors' intention, this study likely influenced the development of high-speed AFM that was initiated in 1993. A few years later, prototypic HS-AFM systems and acquired molecular movies were reported (Vianni et al. 2000; Ando et al. 2001).

Gaub and colleagues were the first to quantify the adhesive force of a single protein-ligand bond using AFM for the biotin-avidin pair (Florin et al. 1994). A "bait molecule" (avidin) was attached to the biotin-coated cantilever tip, while the sample (an agarose bead) was biotinylated. Then, unbinding forces were measured from force-versus-distance (FD) curves, in a pulling process somewhat like fishing. Later, this study was refined by changing the rate of force application, allowing the quantification of the energy landscape of the biotin-avidin interaction (Yuan et al. 2000), based on the Bell-Evans model (Bell 1978; Evans and Ritchie 1997). This force spectroscopy method has been widely applied to various biomolecular interactions and unfolding of proteins (see Review: Puchner and Gaub 2009). Moreover, the rate of force application has now been enhanced to the level comparable to molecular dynamics simulations (Rico et al. 2013).

Biological surfaces, such as membrane surfaces, often contain a diverse range of proteins and other biomolecules. In such a case, it is difficult to specify and localize individual species from a topography image alone. In the first attempt to detect and localize a specific type of species, the just described "fishinglike" experiment (Florin et al. 1994) was extended to twodimensional measurements (Hinterdorfer et al. 1996), where bait molecules were covalently attached to the cantilever tip via a flexible linker. To overcome the time-consuming FD curve measurements, a fast method called "TREC imaging" was later invented (Stroh et al. 2004) in which the cantilever's upward and downward swings are separately detected for simultaneous capturing of recognition and topography images, respectively. This type of recognition imaging has been used to localize receptors and ion channels on cell surfaces (see Review: Chtcheglova and Hinterdorfer 2018) and specific binding sites in protein and DNA molecules (Zhu et al. 2010).

Concluding remarks

It was very difficult to limit my selection to only five papers among the numerous great works within the AFM field but this was the brief given with the invitation to write this topfive list. Rather than scientific quality, I have set a high value on pioneering studies that have influenced or inspired subsequent studies. I apologize to all whose works have not been selected in the top-five format. There are many great pioneering studies showing beautiful high-resolution AFM images of membrane proteins but it was impossible to select one because of multiple papers published in the same year (1990). Moreover, I could have included, but did not, many excellent AFM studies on mapping of material properties such as flexibility, electrostatic potential, and adhesiveness.

It is hoped that this list may be useful to those just starting out in the bio-AFM field wishing to have some advice on important historical papers from the perspective of a colleague who has been working in this area for a long time. **Open Access** This article is licensed under a Creative Commons Attribution 4.0 International License, which permits use, sharing, adaptation, distribution and reproduction in any medium or format, as long as you give appropriate credit to the original author(s) and the source, provide a link to the Creative Commons licence, and indicate if changes were made. The images or other third party material in this article are included in the article's Creative Commons licence, unless indicated otherwise in a credit line to the material. If material is not included in the article's Creative Commons licence and your intended use is not permitted by statutory regulation or exceeds the permitted use, you will need to obtain permission directly from the copyright holder. To view a copy of this licence, visit http://creativecommons.org/licenses/by/4.0/.

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